Due to increasing demand we **require** appointments to be scheduled for our Mobile Care Unit.
We will do our best to get patients in as soon as possible.
Please call **248-384-8323** and one of our schedulers will get back to you within 2 business days.

While waiting for an appointment, please review these **important reminders** from CMG and the CDC.

**Quarantine or isolation: What's the difference?**

**Quarantine**keeps someone who might have been exposed to the virus away from others.
[**Isolation**](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html) keeps someone who is infected with the virus away from others, even in their home.

**What counts as**[**close contact**](https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact)**?**

* You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
* You provided care at home to someone who is sick with COVID-19
* You had direct physical contact with the person (hugged or kissed them)
* You shared eating or drinking utensils
* They sneezed, coughed, or somehow got respiratory droplets on you

**Stay home and monitor your health**

* Stay home for 14 days after your last contact with a person who has COVID-19
* Watch for fever (100.0◦F), cough, shortness of breath, or [other symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html) of COVID-19
* If possible, stay away from others, especially people who are at [higher risk](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html) for getting very sick from COVID-19

People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months as long as they do not develop symptoms again. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.
 **Results come back 2-3 business days after testing,** and you will be notified via text or automated phone call with results. If you have not received a call or text *after* 3 business days, please call
248-384-8333. Due to increased call volume, we are unable to return calls for patients who are not beyond 72 hours from testing. Results will be published to your patient portal within 1 business day from your notification.
 **While waiting for an appointment/results, please remain in quarantine. Even if you test negative for COVID-19 or feel healthy, you should stay home (quarantine) since symptoms may appear 2 to 14 days after exposure to the virus.**

Thank you for your cooperation!